

CURRICULUM VITAE

Jan F. Anderson, PsyD, LPCC

Telephone (502) 426.1616 • E-Mail: LifeWise@DrJanAnderson.com

EDUCATION

California Southern University
Doctor of Psychology
Magna Cum Laude

Santa Ana, CA
October 2009

Spalding University
Master of Arts
Magna Cum Laude

Louisville, KY
May 1988
Counseling Psychology

University of Tennessee
Bachelor of Science
Cum Laude

Martin, TN
June 1975
Psychology

PROFESSIONAL

Providian
Director, Life Annuity Marketing

Louisville, KY
1988-1995

Capital Holding Corporation
Training and Development Manager

Louisville, KY
1982-1988

South Central Bell
Account Executive
Communications Consultant

Nashville, TN
1980-1982
1979-1980

Little, Thrailkill & Owen, P.C.
Paralegal

Nashville, TN
1977-1978

Scott & Buffalo, Attorneys At Law
Paralegal

Nashville, TN
1976-1977

Third National Bank
Customer Relations Representative

Nashville, TN
1975-1976

CERTIFICATION AND LICENSURE

Kentucky Board of Licensed Professional Clinical Counselors	January 2000
Southern Institute of Yoga Instruction	February 2001
Phoenix Rising Yoga Therapy	June 1995
Zumba Fitness	June 2010

PROFESSIONAL AFFILIATIONS

Kentucky Mental Health Counselors Association	October 1999 – present
Voice Dialogue International	December 1999-present

PUBLICATIONS BY DR. JAN ANDERSON

Forgiveness therapy as a positive psychology intervention (doctoral project presented to California Southern University School of Behavioral Science), October 2009.

Women in transition: An opportunity for self-discovery and personal transformation. Kentuckiana Healthy Woman, May 2006.

Yoga for the heart. Kentuckiana Healthy Woman, March 2006.

Soul peaceful: Finding an inner calm where the river flows. Welcome Home Kentuckiana/ Courier Journal, August 2004.

Mindful eating meditation: How to curb compulsive overeating. Kentuckiana Health Fitness, November 2002.

Restorative yoga: Self-help for injuries, illnesses and conditions. Illuminations Magazine, April 2000.

The healthy woman: Aging gracefully. Today's Woman, February 1999.

Yoga: An attractive avenue to complete body/mind fitness. Kentuckiana Health Fitness, March 1998.

REFERENCES

Hal Stone, Ph.D.
Voice Dialogue International
Albion, CA
(707) 937-2424
halstone@mcn.org

Sidra Stone, Ph.D.
Voice Dialogue International
Albion, CA
(707) 937-2424
sidra@mcn.org

Karen L. Smith, CADC
Program Coordinator of Health Professionals and
Family of Origin Therapy
The Morton Center
(502)451-1221 ext. 112
ksmith@themortoncenter.org

Dale M. Roberts, MD
Louisville, KY
(502) 587-9381
www.dalemroberts.com/1_contact.php

William Rik Kirk, MD
Lebanon, KY
(270) 692-9559
rik@kirkonline.com

Linda Linker
Faceworks
Louisville, KY
(502) 896-2898
faceworks137@bellsouth.net

Rodney Yee
Yee Yoga, Inc.
Taos, NM
lisas@yeeyoga.com